

Ultimate Quarantine Checklist

TO LEARN

- Watch a documentary
- Take a virtual museum tour
- Go on a nature walk
- Read historical fiction
- Read historical non-fiction
- Learn all the counties in your state
- Improve geography- print out map coloring pages
- Listen to history lesson podcasts
- Choose a new hobby to learn

TO CREATE

- Learn how to knit or crochet
- Learn basic sewing skills
- Perfect a challenging recipe
- Bake bread, pie, or cookies
- Make a playlist
- Paint a picture
- Start a scrapbook
- Learn how to sketch intricate features hands, eyes, nose, mouth
- Learn a new instrument
- Take an online voice class
- Write a poem
- Write a song
- Write a short story
- Make some diy home decor out of things in your house
- Plan future parties and events

TO RELAX

- Make a list of all the things you are grateful for
- Set a timer and journal your thoughts- don't worry about coherency or full sentences. Just unload
- Ask for a foot massage. Reciprocate.
- Color
- Take a hot bath or shower
- Turn your room into a relaxing haven- twinkle lights, candles, scents.
- Write a letter to someone you miss

BE PRODUCTIVE

- Organize your room
- Organize your clothes
- Organize loose paperwork
- Do a home cleanse and toss everything you don't need
- Dust your ceiling fan
- Vacuum/clean the stairs
- Detail your car
- Wash, dry, and iron your bed sheets
- Start a blog
- Start a podcast
- Draft your business plan
- Start a Youtube Channel
- Sign up for online classes
- Volunteer needed skills and time: homeschool tips, sewing masks, volunteer at a food pantry

